

INTENT TO PARTICIPATE FORM FOR BATHGATE ASC & SWL SWIMMERS



GALA & DATE – WEST LOTHIAN SWIMMING CHAMPS BLUE & YELLOW MEET

SUNDAY 14/10/18

LOCATION – DEANS COMMUNITY HIGH SCHOOL, LIVINGSTON

SESSION TIMES – 9.15 WARM UP FOR START 9.45 & 1PM WARM UP FOR START 1.30PM

ELIGIBLE SWIMMERS – BLUE CAPS AND ABOVE

AGE GROUPS – 8-10, 11/12, 13/14, 15 & OVER **AGE AS AT 31/12/18**

ENTRY FEES – £6 PER EVENT

THIS IS BOTH AN INDIVIDUAL AND TEAM EVENT. THE ORGANISER (SWIM WEST LOTHIAN) WILL PLACE SWIMMERS EITHER IN THE BLUE TEAM OR THE YELLOW TEAM – THE TEAMS WILL ACCRUE POINTS AS THE MEET PROGRESSES AND A TEAM TROPHY WILL BE PRESENTED AT THE END. TIME PERMITTING, RELAY TEAMS WILL BE PICKED ON THE DAY BY THE BLUE AND YELLOW TEAM COACHES. IF CUTS HAVE TO BE MADE TO ENTRIES BY THE MEET ORGANISER THEN PRIORITY WILL BE GIVEN TO SWIMMERS THAT ENTER ALL 5 OF THE INDIVIDUAL EVENTS. EVENTS ARE LISTED BELOW ON PAGE 2.

ALL EVENTS ARE HEAT DECLARED WINNER – NO FINALS

CLOSING DATE FOR SUBMITTING ENTRIES – **FRI 14/09/18 AT LATEST**

PLEASE EMAIL YOUR SQUAD ADMINISTRATOR WITH YOUR ENTRIES - IT WOULD HELP IF YOU CAN STATE THE EVENT NUMBER AND THE EVENT NAME THAT YOUR SWIMMER WISHES TO ENTER

eg. Please enter John Smith in events #103 25m butterfly, #109 50m backstroke etc.

EVENT **Session 1: Warm-up 9.15am – Start 9.45am**

101	Boys 11/12 years	200m Individual Medley
102	Girls 11/12 years	200m Individual Medley
103	Boys 13/14 years	200m Individual Medley
104	Girls 13/14 years	200m Individual Medley
105	Boys 15 years and over	200m Individual Medley
106	Girls 15 years and over	200m Individual Medley
107	Boys 8-10 years	50m Freestyle
108	Girls 8-10 years	50m Freestyle
109	Boys 11/12 years	100m Freestyle
110	Girls 11/12 years	100m Freestyle
111	Boys 13/14 years	100m Freestyle
112	Girls 13/14 years	100m Freestyle
113	Boys 15 years and over	100m Freestyle
114	Girls 15 years and over	100m Freestyle
115	Boys 8-10 years	50m Breaststroke
116	Girls 8-10 years	50m Breaststroke
117	Boys 11/12 years	100m Breaststroke
118	Girls 11/12 years	100m Breaststroke
119	Boys 13/14 years	100m Breaststroke
120	Girls 13/14 years	100m Breaststroke
121	Boys 15 years and over	100m Breaststroke
122	Girls 15 years and over	100m Breaststroke

EVENT **Session 2: Warm-up 1.00pm – Start 1.30pm**

201	Boys 8-10 years	50m Butterfly
202	Girls 8-10 years	50m Butterfly
203	Boys 11/12 years	100m Butterfly
204	Girls 11/12 years	100m Butterfly
205	Boys 13/14 years	100m Butterfly
206	Girls 13/14 years	100m Butterfly
207	Boys 15 years and over	100m Butterfly
208	Girls 15 years and over	100m Butterfly
209	Boys 8-10 years	50m Backstroke
210	Girls 8-10 years	50m Backstroke
211	Boys 11/12 years	100m Backstroke
212	Girls 11/12 years	100m Backstroke
213	Boys 13/14 years	100m Backstroke
214	Girls 13/14 years	100m Backstroke
215	Boys 15 years and over	100m Backstroke
216	Girls 15 years and over	100m Backstroke
217	Boys 8-10 years	100m Individual Medley
218	Girls 8-10 years	100m Individual Medley
219	Mixed Relay 8-10 years and 11/12 years	4 x 50m Freestyle Relay
220	Mixed Relay 13/14 years and 15+	4 x 50m Freestyle Relay

All events are Heat Declared Winner