

INTENT TO PARTICIPATE FORM FOR BATHGATE ASC SWIMMERS



GALA - Falkirk Age Group Swim Meet (level 3 meet Sat & level 2 meet Sun)

DATE - 23/24 March 2019

LOCATION - Grangemouth Sports Complex Abbots Road, Grangemouth, FK3 9JB

SESSION TIMES - warm up 9am start 10am / warm up 1.30pm start 2.30pm on both days

ELIGIBLE SWIMMERS - Sat only for Green caps to Red Caps level 3 meet
Sat and Sun for Bronze to PR Squad level 3 and level 2 meets

AGE GROUPS - Sat am 7-8 9 10 Sat pm 11 12 Sun am/pm 11 12-13 14-15
age as on 24/03/19

ENTRY FEES - £6.00

FULL MEET INFO. DETAILS -

<http://www.swimscotland.co.uk/meetinfo2019/Falkirk%20Otter%20Mini%20Meet%202019%20web%20entry.pdf>

CLOSING DATE FOR SUBMITTING ENTRIES - **Wed 13/02/19 at latest**

PLEASE EMAIL YOUR SQUAD ADMINISTRATOR WITH YOUR ENTRIES - IT WOULD HELP IF YOU CAN STATE THE EVENT NUMBER AND THE EVENT NAME THAT YOUR SWIMMER WISHES TO ENTER

eg. Please enter John Smith in events #103 25m butterfly, #109 50m backstroke etc.

Events are listed on Page 2 ...

Falkirk Age Group Swim Meet

23/24 March 2019

Events

SESSION 101 WARM UP 09:00 AM START 10.00AM

EVENT 101	GIRLS	7-10 YRS 100M INDIVIDUAL MEDLEY
102	BOYS	7-10 YRS 100M INDIVIDUAL MEDLEY
103	GIRLS	7-10 YRS 50M BUTTERFLY
104	BOYS	7-10 YRS 50M BUTTERFLY
105	GIRLS	7-10YRS 50M BACKSTROKE
106	BOYS	7-10YRS 50M BACKSTROKE
107	GIRLS	7-10YRS 50M BREASTSTROKE
108	BOYS	7-10YRS 50M BREASTSTROKE
109	GIRLS	7-10YRS 50M FREESTYLE
110	BOYS	7-10YRS 50M FREESTYLE
111	MIXED	7-10 YRS 6 X 50M FREESTYLE RELAY

SESSION 102 WARM UP 1.30PM START 2.30PM

EVENT 201	GIRLS	11-12 YRS 100M INDIVIDUAL MEDLEY
202	BOYS	11-12 YRS 100M INDIVIDUAL MEDLEY
203	GIRLS	11-12 YRS 50M BUTTERFLY
204	BOYS	11-12 YRS 50M BUTTERFLY
205	GIRLS	11-12 YRS 50M BACKSTROKE
206	BOYS	11-12 YRS 50M BACKSTROKE
207	GIRLS	11-12 YRS 50M BREASTSTROKE
208	BOYS	11-12 YRS 50M BREASTSTROKE
209	GIRLS	11-12 YRS 50M FREESTYLE
210	BOYS	11-12 YRS 50M FREESTYLE
211	MIXED	11-12 YRS 4 X 50M FREESTYLE RELAY

SESSION 201 WARM UP 09:00 AM START 10.00AM

EVENT 301	GIRLS	11-15 YRS 200M INDIVIDUAL MEDLEY
302	BOYS	11-15 YRS 200M INDIVIDUAL MEDLEY
303	GIRLS	11-15 YRS 100M BUTTERFLY
304	BOYS	11-15 YRS 100M BUTTERFLY
305	GIRLS	11-15 YRS 100M BACKSTROKE
306	BOYS	11-15 YRS 100M BACKSTROKE

SESSION 202 WARM UP 1.30PM START 2.30PM

EVENT 401	GIRLS	11-15 YRS 400M FREESTYLE
402	BOYS	11-15 YRS 400M FREESTYLE
403	GIRLS	11-15 YRS 100M BREASTSTROKE
404	BOYS	11-15 YRS 100M BREASTSTROKE
405	GIRLS	11-15 YRS 100M FREESTYLE
406	BOYS	11-15 YRS 100M FREESTYLE
407	MIXED	11-15 YRS 6 X 50M FREESTYLE RELAY

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