

Bathgate ASC Sprints with Finals

Sunday 2nd Dec 2018



Location: Xcite Pool, Balbardie Park, Torphichen Road, Bathgate, EH48 4LA

Session Times:

SESSION 1 Warm-up 08.45am Start 09.30am

SESSION 2 Warm-up 01:45pm Start 02:30pm

Level 2 Meet – Age as on day of competition. If events are oversubscribed, the Gala Convener reserves the right to restrict entries in order to facilitate the smooth running of the meet.

Events & Age Groups - All events 50m 8-10 years, 11-12 years, 13-14 years, 15 & over

Event Selection: Eligible squads to enter – Bronze caps and above

Entry Fee: £5 per individual event.

Full program and event details

[http://bathgateasc.co.uk/doc/Bathgate ASC Sprints with Finals 2018.pdf](http://bathgateasc.co.uk/doc/Bathgate%20ASC%20Sprints%20with%20Finals%202018.pdf)

Closing Date:

Entry by email to your squad administrator **Sun 21/10/18** at latest.

Bathgate ASC Sprints with Finals

Sunday 02/12/18

Session 1 Warm-up 08.45am
50m Butterfly
50m Backstroke

Session 2 Warm-up 01:45pm
50m Breaststroke
50m Freestyle

CLOSING DATE TO ENTER STRICTLY **SUN 21/10/18 AT LATEST**