

Bathgate ASC Club Championships 2018

Meet Information & Entry Details

AGE GROUP CHAMPIONSHIP	Friday 16th Nov 2018
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Venue: Bathgate Pool

Warm up Time: TBC

Age groups: 8/under, 9s, 10s, 11s, 12s, 13s, 14s, 15s, 16s, Open (Age as at 31st Dec)

Eligible Squads: Bronze squad & above inc. BASC SWL swimmers. Also Blue & Red cap swimmers - please speak to your coach before selecting events if you're unsure what to enter.

Age Group Events:

	Fly	Back	Breast	Free	IM
8/u & 9s	25m	50m	50m	50m	100m
10s	50m	50m	50m	100m	100m
11s	50m	100m	100m	100m	100m
12 & Over	100m	100m	100m	100m	200m

Entries; Swimmers are expected to enter all events but Bronze Squad & Blue/Red cap swimmers may elect to do 3 out of 5 (age 8 and 9) or 4 out of 5 events (age 10 & overs). However to maximise your points total you are recommended to do all.

Points: There are separate competitions for Boys & Girls. For each age group swim, points will be awarded as follows:
1st – 6 points, 2nd - 5 points, 3rd - 4 point, down to 6th – 1 point

Awards/Trophies: The age group champion will be the swimmer with the most points. In the event of a tie, the AG Championship title will be shared.

OPEN 400m Freestyle EVENT	Wed 14th Nov 2018
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Venue: Bathgate Pool

Warm up Time: TBC (Please be ready poolside prior to the warm up time).

Age groups: OPEN (ALL EXPECTED TO ENTER FROM BRONZE SQUAD & ABOVE)

Places: 1st, 2nd & 3rd will be decided by who has achieved a time nearest to the East District record for their age (age as at 31st Dec 2018).

Entries are free for all events

Bathgate ASC Club Championships Entry Details 2018

Age Group Championships

Blue/Red/Bronze (8/Us and 9s) only – please indicate in your e-mail **if** you wish to omit events

Please state max two events to omit: **Butterfly / Backstroke / Breaststroke / Freestyle/ I.M.**

Blue/Red /Bronze squad (10s and overs) only – please indicate in your e-mail **if** you wish to omit just one stroke: **Butterfly / Backstroke / Breaststroke / Freestyle / Individual Medley**

Open 400m Freestyle

Note: You may still enter the 400m Freestyle Event, even if you cannot make the Club Championships evening

Closing Date: STRICTLY Fri 26/10/18 AT LATEST Please reply by e-mail to squad admin

NO LATE ENTRIES WILL BE ACCEPTED