

INTENT TO PARTICIPATE FORM FOR BATHGATE ASC SWIMMERS



**GALA & DATE** – AQUANAUTS AUTUMN MEET

**SAT 08/09/18**

**LOCATION** – BATHGATE XCITE POOL

**SESSION TIMES** – SESSION 1 warm up 9am start 9.45am    SESSION 2 warm up 1.15pm start 2pm

**ELIGIBLE SWIMMERS** – GREEN, BLUE, RED CAPS / BRONZE, SILVER, PERF.

**AGE GROUPS** – 8&U, 9/10, 11/12 13/14 15&over – LEVEL 3 MEET – AGE AS AT 08/09/18 – EVENTS LISTED BELOW

**ENTRY FEE PER EVENT** – £5 **nb – \*BASC WILL PAY FOR 2 ENTRIES PER SWIMMER ie. YOU CAN HAVE 2 FREE EVENTS – SAVE £10\***

**ALL EVENTS ARE HEAT DECLARED WINNER – NO FINALS**

**FULL MEET INFO.** – <http://www.swimscotland.co.uk/> Aquanauts Autumn Meet

**CLOSING DATE FOR SUBMITTING ENTRIES** – **FRIDAY 13<sup>th</sup> JULY – APOLOGIES FOR THIS BEING EARLIER THAN NORMAL BUT THE SQUAD ADMINS AND CLUB SEC. SUMMER BREAKS/HOLIDAYS HAVE TO BE CONSIDERED AND OUR ENTRY HAS TO BE ACTIONED WELL BEFORE THE END OF JULY TO ENSURE THE CLUB'S ENTRY IS NOT LATE**

PLEASE EMAIL YOUR SQUAD ADMINISTRATOR WITH YOUR ENTRIES - IT WOULD HELP IF YOU CAN STATE THE EVENT NUMBER AND THE EVENT NAME THAT YOUR SWIMMER WISHES TO ENTER

eg. Please enter John Smith in events #103 25m butterfly, #109 50m backstroke etc.

**EVENT DETAILS ON PAGE 2**

**AQUANAUTS LIVINGSTON ASC**

**PROGRAMME of EVENTS**

**Morning Session 09.00 Warm-up 09.45 Start**

|     |                  |      |                   |     |
|-----|------------------|------|-------------------|-----|
| 101 | Girls 8&U        | 25m  | Breaststoke       | HDW |
| 102 | Boys 8&U         | 25m  | Breaststoke       | HDW |
| 103 | Girls 9 and over | 100m | Breaststoke       | HDW |
| 104 | Boys 9 and over  | 100m | Breaststoke       | HDW |
| 105 | Girls 8&U        | 25m  | Butterfly         | HDW |
| 106 | Boys 8&U         | 25m  | Butterfly         | HDW |
| 107 | Girls 9 and over | 50m  | Butterfly         | HDW |
| 108 | Boys 9 and over  | 50m  | Butterfly         | HDW |
| 109 | Girls 8&U        | 50m  | Freestyle         | HDW |
| 110 | Boys 8&U         | 50m  | Freestyle         | HDW |
| 111 | Girls 9 and over | 100m | Freestyle         | HDW |
| 112 | Boys 9 and over  | 100m | Freestyle         | HDW |
| 113 | Girls 8&U        | 25m  | Backstroke        | HDW |
| 114 | Boys 8&U         | 25m  | Backstroke        | HDW |
| 115 | Girls 9 and over | 50m  | Backstroke        | HDW |
| 116 | Boys 9 and over  | 50m  | Backstroke        | HDW |
| 117 | Mixed 8&U        | 100m | 4 x 25m Freestyle | HDW |

**Afternoon Session 13.15 Warm-up 14.00 Start**

|     |                  |      |                   |     |
|-----|------------------|------|-------------------|-----|
| 201 | Girls 9 and over | 50m  | Breaststoke       | HDW |
| 202 | Boys 9 and over  | 50m  | Breaststoke       | HDW |
| 203 | Girls 9 and over | 100m | Butterfly         | HDW |
| 204 | Boys 9 and over  | 100m | Butterfly         | HDW |
| 205 | Girls 9 and over | 50m  | Freestyle         | HDW |
| 206 | Boys 9 and over  | 50m  | Freestyle         | HDW |
| 207 | Girls 9 and over | 100m | Backstroke        | HDW |
| 208 | Boys 9 and over  | 100m | Backstroke        | HDW |
| 209 | Girls 9 and over | 200m | Individual Medley | HDW |
| 210 | Boys 9 and over  | 200m | Individual Medley | HDW |
| 209 | Girls Squadron   | 200m | 4 x 50m Freestyle | HDW |
| 210 | Girls Squadron   | 200m | 4 x 50m Freestyle | HDW |