

INTENT TO PARTICIPATE FORM FOR BATHGATE ASC SWIMMERS



**GALA & DATE** – EIAN PRENTICE MEMORIAL GALA – FAULDHUSE PENGUINS

**Sat 3rd NOVEMBER 2018**

**LOCATION** – WHITBURN XCITE POOL, WEST MAIN STREET

**SESSION TIMES** – SESSION 1- 9.00AM WARM UP FOR START 9.45AM

SESSION 2 - WARM UP 1.15 PM FOR START 2.00 PM

**ELIGIBLE SWIMMERS** – Green, Blue & Red caps

**EVENTS & AGE GROUPS** – AGE AS AT 31/12/18      LEVEL 3 MEET

**SESSION 1** - AM - 8 y/o & UNDER, 9 y/o      **SESSION 2** - PM - 10 y/o & 11 y/o

<b>Session 1: Ages 8 &amp; under, 9</b>	<b>Session 2: Ages 10/11</b>
25m Butterfly (all ages)	50m Butterfly
25m Backstroke (8 & under)	50m Backstroke
50m Backstroke (age 9)	50m Breaststroke
25m Breast (8 & under)	50m Freestyle
50m Breaststroke (age 9)	200m Freestyle
25m Freestyle (8 & under)	4x50m MIXED RELAY
50m Freestyle (age 9)	
200m Freestyle (all ages)	
4x25m MIXED RELAY	

**ENTRY FEES** – £5.50 PER EVENT

**FULL MEET INFO.** – <http://www.swimscotland.co.uk/>

**CLOSING DATE FOR SUBMITTING ENTRIES** – **FRI 28/09/18** – PLEASE E-MAIL YOUR SQUAD ADMIN WITH YOUR ENTRIES, THANK YOU