

# **Bathgate ASC Sprints with Finals**

## **Saturday 7<sup>th</sup> Dec 2019**



**Location:** Xcite Pool, Whitburn

**Session Times:**

**SESSION 1** Warm-up 08.45am Start 09.30am

**SESSION 2** Warm-up 01:45pm Start 02:30pm

**Level 2 Meet** – Age as on day of competition. If events are oversubscribed, the Gala Convener reserves the right to restrict entries in order to facilitate the smooth running of the meet.

**Events & Age Groups** - All events 50m 8-10 years, 11-12 years, 13-14 years, 15 & over

**Event Selection:** Eligible squads to enter – Bronze caps and above

**Entry Fee:** £5 per individual event.

**Full program and event details**

<http://www.swimscotland.co.uk/> Bathgate Sprints Meet

**Closing Date:**

Entry by email to your squad administrator **Fri 25/10/19** at latest.

# **Bathgate ASC Sprints with Finals**

## **Saturday 07/12/19**

<b>Session 1 Warm-up 08.45am</b>
50m Butterfly
50m Backstroke
FINALS OF ABOVE all ages

<b>Session 2 Warm-up 01:45pm</b>
50m Breaststroke
50m Freestyle
FINALS OF ABOVE all ages

**CLOSING DATE TO ENTER STRICTLY FRI 25/10/19 AT LATEST**